

THURSDAY, JULY 17, 1997, THE BEACON

BUSINESS

- **Business Network International**, every Wed., 7 a.m., Coco's Family Restaurant, 5955 Balboa Ave., Virginia Devine, 1-800-264-1360
- **Greater Shelter Island Association**, Thurs., July 17, noon, locations change, Caroline Wouds, secretary, 221-8286
- **OB Merchants Association**, Thurs., July 24, noon, Qwig's Bar & Grill, 5091 Santa Monica Ave., Mike Akey, president, 224-4906
- **Point Loma/Ocean Beach Realty Association**, pitch and networking session, every Thurs., 8:30 a.m., Best Western Island Palms Hotel & Marina, 2051 Shelter Island Dr., 222-0489

CIVIC

- **North Ocean Beach Renaissance neighborhood cleanup**, Sun., July 20, 10 a.m.-noon, Bella Donna's, 4755 Voltaire St., Molly, 274-6117
- **Peninsula Community Planning Board**, Thurs., July 17, 7 p.m., St. Peter's by the Sea Lutheran Church, 1371 Sunset Cliffs Blvd., John Seymour, chair, 226-7639
- **Restoration Advisory Board**, Tues., July 22, 6:30 p.m., Naval Training Center, Bldg. 23, enter through Gate 3 at Rosecrans and Curtis St., PAL auditorium, maps available, Keith Forman, 524-1022

EDIBLES

- **Farmers market**, every Wed., 4-7 p.m., 4900 block of Newport Ave.

FAMILY

- **Parent Effectiveness Training**, every Thurs., 6-9 p.m., Midway Adult Center, 3249 Fordham St., Room 10, Dr. Bob Kropp, 222-4723, free
- **WIC** (Women, Infants & Children), American Red Cross nutrition education & vouchers to eligible pregnant, breastfeeding women, 262-8562

HISTORY

- **OB Historical Society**, Thurs., July 17, 7 p.m., OB Woman's Club, 2160 Bacon St., 222-6066

MILITARY

- **VFW Post 1392**, Ladies Auxiliary meeting, Thurs., July 17, 5:30 p.m., 4944 Newport Ave., 225-0921

NATURE

UPCOMING EVENTS

sponsored by Ocean Beach Farmers Market

HIGHLIGHTS

- Important Phone Numbers: The Beacon e-Mail: mail@sdnews.com**, OB Citizens Patrol, 222-4309; OB police community storefront, 531-1540; OB anti-graffiti task force, 226-8613 or 525-8522; mayor's citizen suggestion hotline, 570-1000; airport noise-control hotline, 231-5267; household hazardous materials hotline, 235-2111
- **Guided Bird Walk**, Sat., July 19, 9:30 a.m., Cabrillo National Monument Visitor Center, 90 mins., free with \$4-per-car admission to the monument, bring binoculars, Edmond Roberts, 557-5450
 - **Cabrillo Club No. 16 Annual Spaghetti Feed**, Sun., July 20, 6 p.m., \$5, children \$2.50, S.E.S. Hall, 2818 Avenida de Portugal
 - **Strand Theatre community input meeting**, Sat., July 19, 11 a.m.-5 p.m., open to the public, Strand Theatre, 4950 Newport Ave., 226-2610

Mega Artichokes
Are In!

FARMERS MARKET

Every Wednesday 4pm-7pm • Newport Ave. • 223-3903



- **Guided Bird Walk**, Sat., July 19, 9:30 a.m., Cabrillo National Monument Visitor Center, free with \$4-per-car admission to the monument, bring binoculars, Edmond Roberts, 557-5450
- **Surfrider Foundation**, San Diego Chapter, Thurs., July 17, 6:45 p.m., forum hall at UTC, above Wells Fargo Bank, 792-9940

POLITICAL

- **OB Greens**, Tues., July 22, 7:30 p.m., The Green Store, 4827-A Voltaire St., 225-1083

PROFESSIONAL

- **Point Loma Toastmasters**, every Mon., 7-9:30 p.m., Cabrillo Rec Center, 3051 Cañon St., Mel Hansen, 571-8601

SENIORS

- **Beginning bridge class**, every Thurs., 9 a.m., OB Woman's Club, 2160 Bacon St., Vivian, 224-6131
- **Chatsworth Adult Center**, every Tues., 9 a.m.-1 p.m., Point Loma Community Presbyterian Church, 2128 Chatsworth Blvd., bridge, crafts, line-dancing, lunch, 223-1633
- **OB Friendly Club**, every Mon.,

- 9:30 a.m.-noon, OB Rec Center, 4726 Santa Monica Ave., 531-1527

- **Sacred Heart Senior Club**, Mon., Wed., Fri., exercise, 9:30-10:30 a.m., Tues., Thurs., bridge, noon-4 p.m., 2004 Sunset Cliffs Blvd.

- **Senior fun night**, every Tues., O'Kelly's Original Ice Cream, 2343 Midway Dr., special senior discounts, bingo, 5-7 p.m., 222-0759

- **Senior luncheon**, Mon.-Fri., 11:15 a.m., \$2, \$3.50 for guests, OB Rec Center, 4726 Santa Monica Ave., 233-6815 for reservations

- **Sunset Cliffs Seniors**, PSC, every Thurs., 9 a.m.-12:30 p.m., program at 11 a.m., hot lunch for \$4 at 11:45, St. Peter's By The Sea Lutheran Church, 1371 Sunset Cliffs Blvd., 223-1640

- **Yoga Classes**, every Thurs., 5:30 - 6:30 p.m., Sharp Cabrillo Hospital, 3475 Kenyon St., Bldg. 3, education center, \$7, senior discount 10 percent, 1-800-827-4277

SERVICE

- **Kiwanis Club of OB**, every Tues., 7 a.m., Cecil's Restaurant, 5083 Santa Monica Ave., Jim Kelly, 223-9292
- **Kiwanis Club of Old San**

- Diego**, every Wed., 12:10 p.m., Carlos Murphy's, 3890 Twigg's St., Richard Danks, president, 298-6738

- **Kiwanis Club of Point Loma**, every Thurs., 12:10 p.m., Southwestern Yacht Club, 2702 Qualtrough St., Edward Wesley, president, 224-2028

- **OB Citizens Patrol**, Tues., July 24, general meeting, 6:30-8:30 p.m., OB Rec Center, 4726 Santa Monica Ave., June Mahoney, 222-4309

- **Point Loma Optimist Club**, every Tues., 7 a.m., Reuben's Restaurant, 880 E. Harbor Island Dr., Art Aylott, 223-5832

- **Presidio Optimist Club**, every Thurs., 7 a.m., Carrows Restaurant, 2323 Midway Dr., Peggy Viard, president, 226-7384

- **Rotary Club of Point Loma**, every Fri., 12:10 p.m., Southwestern Yacht Club, 2702 Qualtrough St., Sharon Bythewood, 222-1930

SINGLES

- **Polaris Sailing Society for Singles**, every Tues., 7:30 p.m., Southwestern Yacht Club, 2702 Qualtrough St., 685-7462

SPORTS

- **Mission Bay Golf Club**, meets every Sun., 8-9 a.m., all welcome, men and women, Bill, 274-3566

WRITERS

- **OB Writers Workshop**, every Tues., 7:30-9:30 p.m., Mariners Cove rec room, 4392 W. Point Loma Blvd., Carol Bowers, 222-6066

YOUTH

- **Varsity Scout Team 6107**, every Mon., 7-9 p.m., Ocean Beach Woman's Club, 2160 Bacon St., adventuresome youth, ages 13-17, Michael Stewart, committee chair, 224-9476

- **Pajama-Rama story hour**, every Mon., 7 p.m., Loma Theatre Bookstar, 3150 Rosecrans Pl., kids wear pajamas, 225-8523

- **Summer Reading Program**, every Tues., Ocean Beach Library, 4801 Santa Monica Ave., 531-1532, ventriloquism with Maggie Kerr

- **Goosebumps Fan Club**, July 17, 7 p.m., 3150 Rosecrans Pl., readings from Stine's Goosebumps series, 225-0465

- **American Girls Party**, Sat., July 19, 2 p.m., Bookstar, 3150 Rosecrans Pl., readings from the series, "Molly," 225-0465