

## MENTORING MEETING DISCUSSION GUIDE

The below questions are only suggestions, a tool to provide conversation starters during mentoring meetings. The Mentor and/or Mentee should determine what questions to ask during their mentoring meetings.

What do you know now that you wish you knew when you were starting out?

What were some pivotal experiences in your career?

What has helped to make you successful?

Who were some of your mentors and what did you learn from them?

What enables your success today?

What's the best advice you can give to help plan my career?

How and where do you find inspiration and motivation?

How do you balance your work and home life?

How do you encourage innovative ideas?

What should I be doing now to develop professionally and achieve my goals?